## MERKEL INDEPENDENT SCHOOL DISTRICT

PO BOX 430 MERKEL, TEXAS 79536 TELEPHONE (325) 928-5813 FAX (325) 928-3910



School Health Advisory Council (SHAC) Meeting
April 20, 2022
Merkel ISD Central Administration Building
4:00 PM

## **AGENDA**

- 1. Welcome
- 2. Approve minutes from last meeting
- 3. Wellness Plan Assessment and Review
- 4. Spring staff wellness update
  - a. Biggest Loser Challenge
  - b. Fitness classes for staff
  - c. StepBet Challenge
- 5. Other Business
- 6. Adjourn

Posted for the SHAC or	n April	17, 2022,	3:00 PM.
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Joseph O'Malley			